

# ANTHC TRAINING & DEVELOPMENT

## March 2024 Offerings

### DiSC Communication Series

Zoom ID: 996 3510 1749

Location may vary see below

#### Understanding You

COB Conference Room 3

Mar 5 | 9:00 AM - 11:00 AM

#### Understanding Other Styles

COB Conference Room 3

Mar 12 | 9:00 AM - 12:00 PM

#### Working as a Team

EDC Conference Room 3

Mar 19 | 9:00 AM - 12:00 PM

#### Productive Conflict

EDC Conference Room 1

Mar 26 | 9:00 AM - 12:00 PM

### Talent Development Open Hour

Zoom ID: 998 2406 1371

Mar 7 and 21

11:00 AM - 12:00 PM

### Leadership Book Club

Haben the Deafblind Woman

Who Conquered Harvard Law

Zoom ID: 963 4243 6545

In-Person: ANMC Conference Room 2

Mar 18

12:00 PM - 1:00 PM

### Leadership Master Class

#### Cultural Awareness

ANMC Conference Room 2

Mar 12 | 1:00 PM - 4:00 PM

#### Emotional Intelligence

ANMC Conference Room 3

Mar 14 | 9:00 AM - 12:00 PM

#### Crucial Conversation

EDC Conference Room 3

Mar 21 | 1:00 PM - 4:00 PM

### Leadership Foundations Class

Zoom ID: 953 7460 3550

#### Finance

Mar 1 | 9:00 AM - 10:00 AM

#### Recruiting

Mar 4 | 1:00 PM - 2:00 PM

#### People Management

Mar 7 | 2:00 PM - 3:00 PM

#### Talent Development

Mar 8 | 9:00 AM - 10:00 AM

#### Leadership Expectations

Mar 13 | 1:00 PM - 2:00 PM

#### Benefits & Payroll

Mar 18 | 9:00 AM - 10:30 AM

#### Just Culture

Mar 18 | 2:00 PM - 3:00 PM

Register for trainings in  
[HealthStream](#)  
or email [training@anthc.org](mailto:training@anthc.org)

Refer to back page for  
details



ALASKA NATIVE  
TRIBAL HEALTH  
CONSORTIUM

# MARCH 2024 TRAININGS

## Sign up in HealthStream

### **DiSC 1: Understanding You - Mar 5 (CE)**

Each of us has our own personality, preferences, and styles. Our individual styles influence whom we collaborate well with and whom we tend to have more difficulty with. This training will help you gain a deeper understanding of your style and an introduction to the other styles.

### **DiSC 2: Understanding Other Styles - Mar 12 (CE)**

We all approach our work according to what we prioritize. Our priorities also affect how we react to the people we work with. To work more effectively with others, we sometimes have to bridge differences in style preferences and priorities. This training will help you understand the different styles and how to work more effectively with each of them. Strongly recommend DiSC 1 be completed first.

### **DiSC Communication: Working as a Team - Mar 19 (CE)**

Misunderstandings, miscommunications, and personality clashes prevent teams from being effective. For individuals that would like to help their teams grow, improve productivity, and improve efficiency, this training will help you understand how to be in a strong, cohesive team that works well together. You will learn DiSC communication style strategies and methods to capitalize on the strengths and understand the weaknesses of each style to work more effectively with your team. It is not necessary to attend DiSC 1 or 2 prior.

### **DiSC Communication: Productive Conflict - Mar 26 (CE)**

This training will define conflict, help improve self-awareness of your conflict behaviors and responses to conflict. You will learn about your DiSC style and other DiSC styles in conflict. Attending will help you identify automatic destructive thoughts and understand how they can impact your conflict behaviors. You will learn how to reframe thoughts so that you can become more productive, and improve workplace results and relationships. It is not necessary to attend DiSC 1 or 2 prior.

### **Talent Development Open Hour - Mar 7 and Mar 21**

Regarding Workforce Development, Education Assistance, Professional Development courses, and Leadership Development Programs. Join the Talent Development team live!

### **Leadership Book Club (Haben the Deafblind Woman Who Conquered Harvard Law) - Mar 18 (CE)**

Exploring the sisters' allies, enemies, and enduring partnership, Janice P. Nimura presents a story of trial and triumph. Together, the Blackwells founded the New York Infirmary for Indigent Women and Children, the first hospital staffed entirely by women. Both sisters were tenacious and visionary, but their convictions did not always align with the emergence of women's rights - or with each other. From Bristol, Paris, and Edinburgh to the rising cities of antebellum America, this richly researched new biography celebrates two complicated pioneers who exploded the limits of possibility for women in medicine. As Elizabeth herself predicted, "A hundred years hence, women will not be what they are now."

### **Leadership Foundations Classes: (ANTHC Staff only)**

Leadership Foundations is designed to support individuals who are new to leadership roles, including new hires and recent promotions. It is also open to non-supervisors who can benefit from the valuable insights and tools shared during these sessions. New for 2024: All new managers will be assigned to complete the Leadership Foundations modules within 90 days.

### **Leadership Master Classes: (ANTHC Staff only)**

**Cultural Awareness:** Join us to better understand the history of Alaska Native peoples and to celebrate cultural traditions. What is critical for you to know as a Leader about the history of Alaska Native peoples? How can you increase awareness and address culturally insensitive interactions or remarks in a compassionate and effective manner?

**Emotional Intelligence:** Social Awareness is your ability to accurately pick up on emotions in other people and understand what is really going on. Relationship Management is your ability to use awareness of your emotions and the others' emotions to manage interactions successfully.

**Crucial Conversations:** Hold high stakes conversations more effectively to get better results and strengthen relationships by learning. Participants learn the dialogue skills that help you talk to anyone about anything to reach alignment and agreement on important matters.

To register in HealthStream, search the Catalog by the name of training, then select enroll or choose class and register. Registration is preferred, but not required.

**In Person Attendance:** Room locations are subject to change. To find the most accurate location visit the HUB. **Online Attendance:** For the best experience if participating online, T&D recommends that you use a camera and microphone.

For more information, visit Education, Development and Training on [SharePoint](#)  
External site at <https://anthctraining.com/>

Email questions to [training@anthc.org](mailto:training@anthc.org).