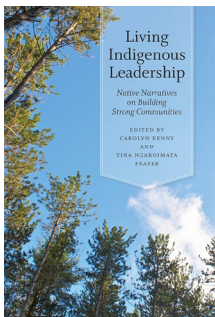


2025/2026 ANTHC Employee Book Club

If you love reading, then this is an opportunity for you! The ANTHC Employee Book Club is back and all employees are encouraged to participate. Each book is chosen to develop the reader's understanding of leadership skills, diverse perspectives, and Alaska Native culture.

From September 2025 to May 2026, employees are encouraged to read one book a month and join a monthly discussion led by a participant.

CE's are available for participants. For more information or to sign up, you can email Training and Development at training@anthc.org.



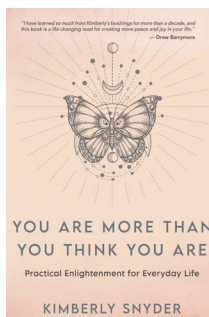
Cultural Identity in Leadership

September 26

**Living Indigenous Leadership:
Native Narratives on Building
Strong Communities**

Global Indigenous leaders share insights on sovereignty, cultural identity, and systems change.

by Kenny & Fraser



Wellness and Habits in Leadership

October 24

**You are More Than You
Think You Are**

A guide to mindful leadership rooted in personal growth and inner balance.

by Kimberly Snyder



Stories as Leadership Lessons

November 21

**The Gifts of
Imperfection**

Ten guideposts for leading and living with courage and authenticity.

by Brene Brown

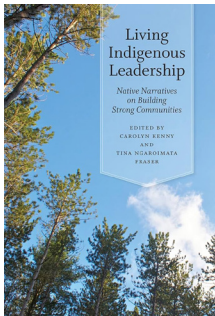


ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM

12 - 1 p.m.
Hybrid format – join in person (locations vary) or via Zoom
Contact: Professional Development at training@anthc.org

ANTHC Employee Book Club

Join a monthly discussion with your fellow ANTHC employees and THO partners from September 2025 to May 2026. Each book is chosen to develop the reader's understanding of leadership skills, diverse perspectives and Alaska Native culture.



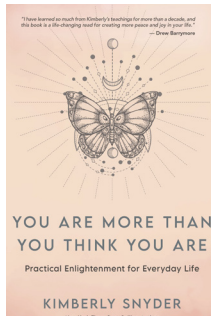
Cultural Identity in Leadership

September 26

Living Indigenous Leadership: Native Narratives on Building Strong Communities

Global Indigenous leaders share insights on sovereignty, cultural identity, and systems change.

by Kenny & Fraser



Wellness and Habits in Leadership

October 24

You are More Than You Think You Are

A guide to mindful leadership rooted in personal growth and inner balance.

by Kimberly Snyder



Stories as Leadership Lessons

November 21

The Gifts of Imperfection

Ten guideposts for leading and living with courage and authenticity.

by Brene Brown



Leadership Through Art and Storytelling

December 19

North of North (Season 1) – Film

A coming-of-age series exploring identity, resilience, and community through art.



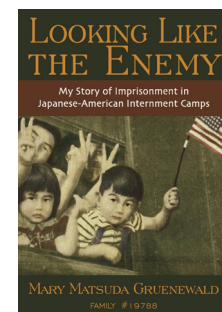
Environmental Stewardship

January 23

You are More Than You Think You Are

Profiles 34 young women changing the world through environmental leadership, tech, and activism perfect for aspiring changemakers.

by Diana Kapp



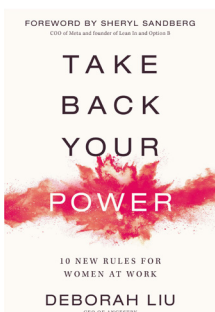
Racial Equity and Historical Awareness

February 20

Looking Like the Enemy

A personal story of internment, injustice, and resilience during WWII.

by Mary Matsuda Gruenewald



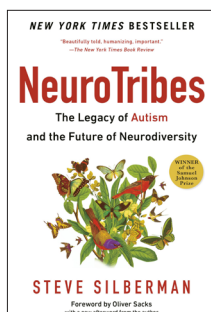
Women in Leadership

March 20

Take Back Your Power

A practical guide to reclaiming voice, visibility, and influence in the workplace.

by Deborah Liu



Trust and Resilience in Teams

April 17

NeuroTribes

A reframing of neurodiversity as a leadership strength and call for inclusion.

by Steve Silberman



Visionary and Community-Based Leadership

May 5

Becoming a Matriarch

A memoir of Indigenous leadership, healing, and intergenerational responsibility.

by Helen Knott



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM

Doctors are eligible to receive CMEs and nurses CE for participating. Many licensing and professional associations recognize a leadership book club as meeting the professional development credit requirements.